

THE MELTING POT NEWSLETTER

Frederick Abisi Adult Education Center
408 Merrimack St, Lowell MA, 01854



www.lowelladulthoodeducation.com

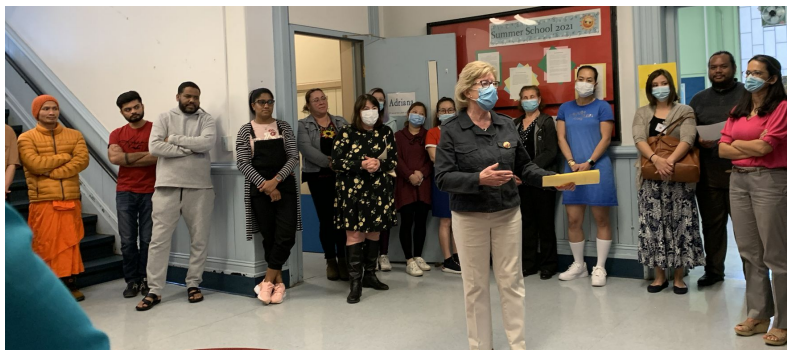
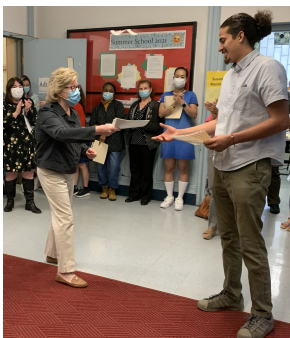
(978)937-8989



@ Frederick Abisi
Adult Education

Student Success Celebration

On May 5th, we recognized students who achieved goals during the months of March and April. A grand total of 126 students achieved goals! Some of the goal categories with the largest number of award recipients were: Getting a Work Authorization Permit (17 students), Getting a Job (11 students), and Getting a Driver's License (10 students). Also, 56 students who had outstanding attendance during April received certificates.



Part of a student's education involves setting goals for the future. When students share their goals, they let teachers and staff know what types of programs and classes need to be offered. During your time at Abisi Adult Education, we will work with you to help you reach your goals.

In our Student Success Celebration, we acknowledged students who were able to achieve goals such as:

- ★ Get a Job
- ★ Get a Better Job
- ★ Enter LINKS or Transition to College
- ★ Enroll in College
- ★ Complete Occupational Training
- ★ Open a Bank Account
- ★ Buy a House or Condo
- ★ Get a Driver's License
- ★ Attain Legal Residency
- ★ Pass Citizenship Exam
- ★ Volunteer in a Community Organization
- ★ Help Child with Homework



Some student names and pictures have been removed from the newsletter, as some students have taken the option given at registration to request that their names and/or pictures not be used in any publications.

LGH Cancer Fundraiser Returns

This will be AAEC's 18th year participating in the TeamWalk for Cancer Care to help patients at the Lowell General Cancer Center.

TeamWalk funds make a difference in the lives of today's cancer patients at Lowell General Hospital by underwriting medication, nutritional supplements, wigs and prostheses, support groups, skilled nursing visits, transportation, and support services for patients of all cancer types.

We would like to pre-register all walkers on Friday, May 18th.

- Sign up with your teacher.
- Get a registration form and fill it out. Write your name, address, and phone number, and then sign the registration form. Our team name is **Abisi Adult Education Center**.
- Get sponsors and collect money before May 22nd.
- There is a registration fee of **\$25** each. **We hope that you are able to find sponsors through your friends and family to cover the registration fee and more.**
- Return the registration form and money to Adriana on or before May 22nd
- Meet staff and other walkers at school on Sunday, May 22nd at 8:45 am.

If you have a child who is going to participate in the walk, please fill out the registration form with your child's information and sign on Parent or Guardian's part. **Walkers under 17** do not pay the registration fee.

Family members and friends are welcome!

Lowell General Hospital
TeamWalk
FOR CANCERCARE

3 Mile Route



May 22, 2022 • Tsongas Arena
Free parking at Ayotte Garage adjacent
to Tsongas Arena

7:30 am
Registration/Donation Drop-Off,
Incentive Pick-Up and Free Team Photos

9:15 am
Opening Ceremonies

9:30 am
6.2-Mile and 3-Mile Walk Begins
*New this year – All walkers will
start at the same time.*

10:45 am
Refreshment Tent Opens

11:45 am
Closing Ceremonies

Lowell General Hospital
TeamWalk
FOR CANCERCARE



6.2 Mile Route



Graduation Information

This year marks our first graduation ceremony since 2019, due to the pandemic. We hope that all graduates will join the celebration.

When: Friday evening, June 10, 2022

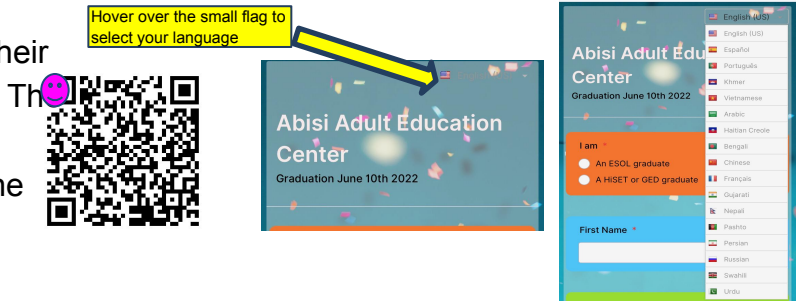


Where: Lowell High School Auditorium

Certificates will be awarded to ESOL students completing a level of English instruction. Diplomas will be awarded to HSE students that have earned their high school credentials. Graduation invitations will be sent via email to students beginning May 4th and 5th. Students should respond ASAP, but no later than May 27th.

The email will provide students with the option of following a link or scanning a QR code to fill out and submit their graduation responses.

Invitations will be sent in English, and also in their native language for lower-level students. The invitation form can be viewed in different languages by hovering over the small flag in the upper right corner of the response form and choosing the desired language.



Summer School

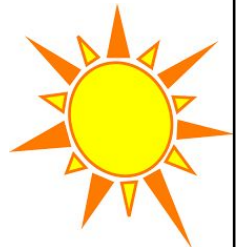
Summer classes are available at AAEC during the month of July. Classes are open to current students only. An email will be sent with sign up information the 2nd week of May.

ESOL Remote via Zoom

When- 6:00-8:00 pm
Tuesdays & Thursdays

ESOL & HSE In person

Where- 408 Merrimack Street
When- 9:30-11:30 am, Monday-Thursday



** Plans are still being finalized for HSE evening remote classes.*
SUMMER SCHOOL IS FOR CURRENT AAEC STUDENTS ONLY.

STUDENT INFORMATION

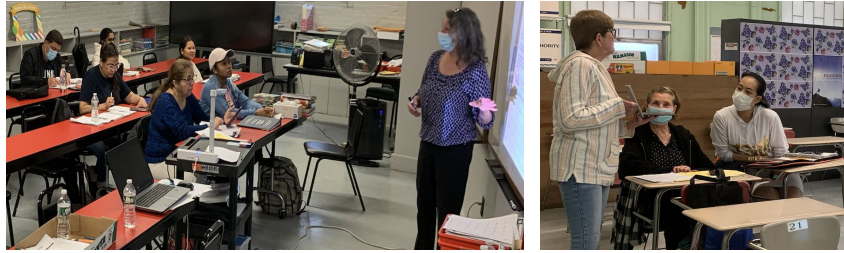
CBA Offers Job Search Assistance & More!

The Coalition For A Better Acre (CBA) visited AAEC on April 29th. Their visit was to inform students about their STEP Program which is a job search assistance initiative. The STEP Program includes skills training, career coaching, and transportation assistance. The CBA offers other services including: workforce training; foreclosure and financial counseling; health and wellness classes such as yoga, swimming, Zumba, and more!

Check out their website for more information.
<https://www.coalitionforabetteracre.org>

ESOL Lesson - Buying a Car

Mary Gail and Elaine developed a math lesson on how to buy a new or used car. This lesson was developed as a way to teach students the math concepts of mean, median, mode, and range. Mary Gail and Elaine began the lesson by teaching 20 vocabulary words they felt would be most important for students to master before they began researching cars. Students used a variety of websites and technology to learn and practice the vocabulary. Next, students used their smartphones to visit the website **Cars.com** where they chose 5-8 makes and models of cars and recorded the data. This was a great way for students to learn English, math, technology, and conversation all while going through the car-buying process!



Student Recipe Review

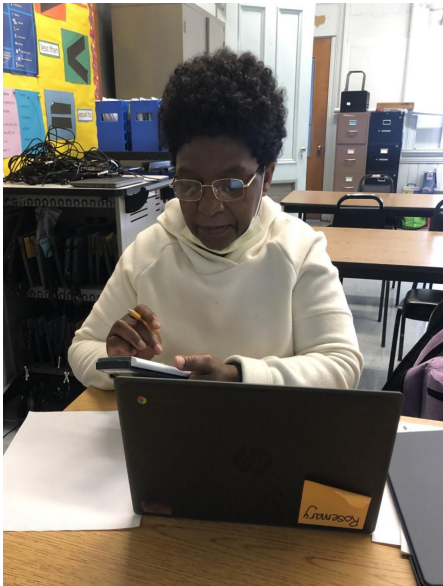
By Sonia R.



The Lemon Parmesan Chicken with Broccoli recipe was super easy to make! I made one small modification; I replaced the all-purpose flour with almond flour to make it a little healthier, and the result was great! The chicken was crispy outside, tender inside, with delicious flavor and different from what my family normally eats. I definitely think you should give it a try!

HSE Students

The incorporation of technology is a priority at AAEC. Our HSE program has jumped into the digital world by using a variety of websites to enrich student learning. Some students have been working on digital literacy through IXL, Google Forms, and Quizizz (an interactive quiz game) to review lessons. Others are focusing on test prep and using GED Ready vouchers.



Spotlight on Success

Carlos Montoya

Carlos came to the United States a long time ago under very difficult circumstances. For him, it was almost impossible to think about becoming a Legal Permanent Resident, never mind becoming a U.S. citizen! With the help and support from his wife, family, classmates, and staff members at Abisi Adult Education Center, his dream came true. Carlos passed the citizenship exam on April 4th. He gained a lot of confidence by attending the citizenship class with Paul and by practicing English every day at school. Congratulations Carlos!



COMMUNITY INFORMATION

High School Summer Intern Positions



We are
Summer HIRING

The LOWELL PUBLIC SCHOOLS is seeking to hire HIGH SCHOOL INTERNS interested in exploring careers in education while working with elementary students in our summer learning programs.

Orientation and training week of June 27th
Students attend July 5th-29th, 2022
\$15 PER HOUR, 4hrs per day (mornings)

RESPONSIBILITIES INCLUDE:

- Assisting elementary students with breakfast and lunch
- Assist with arrival and dismissal
- Assist in classrooms and support learning
- Assist on playground with students
- Perform other tasks as assigned by teachers

PREFERRED QUALIFICATIONS:

- Interested in a career in education or a related field
- Must be 16 years old
- Bilingual candidates proficient in Khmer, Portuguese, Arabic or Spanish encouraged to apply

Questions? Please call the Office of Special Programs at (978) 674- 2037

Apply Now!





Lowell Public Schools is looking for high school students interested in future careers in education. They will be given the opportunity to work as interns in the LPS summer learning programs. Interns will assist in many activities including: helping with student arrival and dismissal, supporting classroom learning, and helping with playground activities.

Bilingual students who speak Khmer, Portuguese, Arabic, or Spanish are strongly encouraged to apply!

Use the camera on your smartphone to scan the QR code

Apply Now!



Local Farmers Market

Mill City Grows has mobile markets available every week throughout the city.

2022 Mobile Market Schedule

Tuesdays

10am – 12pm (starts May 17)

Lowell Community Health Center

161 Jackson Street

Wednesdays

2pm – 4pm (starts June 8)

Heritage Farm Ice Cream & Restaurant

163 Pawtucket Boulevard



Thursdays

10am – 12pm (starts April 21)

Lowell Senior Center

276 Broadway Street

Fridays

11am – 2pm (starts July 8)

Lowell Farmers' Market

Lucy Larcom Park

258 Merrimack Street

Mill City Grows Mobile Market Payment Options

- ★ Cash, credit, debit
- ★ WIC
- ★ Senior Coupons
- ★ SNAP / EBT
- ★ HIP – **Healthy Incentives Program**



E-Gift Cards are also available for purchase and can be used as payment at all Mill City Grows Mobile Markets. If you are a recurring HIP customer, experiencing financial hardship, or facing food insecurity, we encourage you to call Mill City Grows at 978-455-2620 or email info@millcitygrows.org to discuss your payment options.

MILL No. 5



Mill No. 5 hosts The Farm Market every Sunday through the entire year. Come enjoy local food, shopping and more! Family and pet friendly.

Sundays

10am - 1pm.

Mill No. 5 - 5th floor

250 Jackson St. No 401



You can call 978 656-1828 or email farm@millno5.com with any questions

*RECIPES of the MONTH***Olga's Cinco de Mayo Salsa**

Serves 4 - 6

Prep time 15 minutes

Ingredients:

4 ripe tomatoes
 1 small red onion
 2 Serrano chillies or 1 Jalapeño
 The juice of one lemon or lime
 1 bunch of cilantro
 Salt and pepper



Please wash all vegetables.

Finely chop the tomatoes, onion, peppers, and cilantro.

Add the tomatoes, onion, and cilantro to a mixing bowl. Add the lemon juice, salt, and pepper to taste. Finally, add the chopped chillies to taste.

Enjoy with tortilla chips.

Rasha's Eid Al-Fitr Cookie Recipe

Makes approximately 20-25 cookies

Ingredients

2 cups of flour
 1 ¼ cups of butter
 ½ cup of powdered sugar
 Unsalted pistachio, pinenuts,
 peanuts or almonds for
 decoration (optional)

Preheat oven to 350°F.

Mix butter and sugar until creamy. Add the flour, and mix until soft. Don't over mix.

Make small balls, and place 3-4 inches apart on a baking sheet. Add the nuts of your choice on top, and bake for 8 - 10 minutes or until the cookies move when you gently shake the baking pan.

The cookies DO NOT have to get brown. Leave them on the baking sheet until fully cool.



Enjoy with coffee or tea!

United States of America



- | | | | | |
|-----------|-----------|-----------|-----------|-----------|
| 1. _____ | 11. _____ | 21. _____ | 31. _____ | 41. _____ |
| 2. _____ | 12. _____ | 22. _____ | 32. _____ | 42. _____ |
| 3. _____ | 13. _____ | 23. _____ | 33. _____ | 43. _____ |
| 4. _____ | 14. _____ | 24. _____ | 34. _____ | 44. _____ |
| 5. _____ | 15. _____ | 25. _____ | 35. _____ | 45. _____ |
| 6. _____ | 16. _____ | 26. _____ | 36. _____ | 46. _____ |
| 7. _____ | 17. _____ | 27. _____ | 37. _____ | 47. _____ |
| 8. _____ | 18. _____ | 28. _____ | 38. _____ | 48. _____ |
| 9. _____ | 19. _____ | 29. _____ | 39. _____ | 49. _____ |
| 10. _____ | 20. _____ | 30. _____ | 40. _____ | 50. _____ |



Join us!

Hear exciting speakers,
 enjoy live performances,
 eat delicious food, and
 have a lot of fun!

WHERE

Sampas Pavillion (DCR)
 Lowell Heritage State Park
 160 Pawtucket Blvd.
 Lowell, MA 01854

DATE

Monday, June 20, 2022

TIME

5:00-7:00pm



ANNUAL BOOK SALE

May 12-14, 2022

Come and buy used books, audiobooks, CDs and DVDs for adults and children. Thousands of items for sale. Lots of bargains with all proceeds supporting the Friends and library passes and programs.

SALE DATES:

Preview for Friends members: Thurs, May 12, 5 pm – 6 pm
 General public:
 Thursday, May 12, 6 pm – 7 pm
 Friday, May 13, 10 am – 3 pm
 Saturday, May 14, 9 am – 3 pm

SALE LOCATION: Ground Floor Meeting Room - Pollard Memorial Library, 401 Merrimack Street, Lowell, Mass. 01854, 978.674.4120

Become a member to join and shop on Preview Night and receive a gift certificate worth \$5 toward your purchases.
















Interested in volunteering?

Email

volunteer@friendsofpml.org

School Activities Calendar May 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5  Students Success  Celebration	6	7
	9	10	11	12 	13	14
15	16	17 	18	19 	20  	21  
22 	23	24  <div style="border: 2px solid red; padding: 5px; width: fit-content; margin: 10px auto;">Reward Program Open</div>	25	26	27	28
29	30 	31				